

How to Dowse and calibrate your Pendulum

With your dominant hand, hold the pendulum by its chain between your thumb & index finger. Starting at the top of the chain then state your request or intention: "Show me a yes - wait for the movement. Then do the same for a no, wait for that movement remember which is which . Keep your hand steady and holding the chain lightly and your arm bent close to your body relax but keep very steady.

Next, repeat in your mind: "Show me the 'YES' direction" until you see a steady, regular pattern of movement. This shows you the direction of your YES response. Repeat the process again, this time asking for your 'NO' direction or response.

Now you are ready to dowse. Practice your dowsing skills as often as you can. When beginning, 15-20 minutes is a good length of time. Asking yes or no questions only

Please remember - when you dowse let go of any desires, needs or wants that may influence your outcome. Stay open to the truth. Ensure your questions are unambiguous.

Clear the pendulum before and after each session by washing it under cool water or salt cleanse .

Observe the pendulum for the answer. Wait until it moves in a regular pattern. This can take up to 30 seconds. The pendulum first tests its environment for options, then stops, then moves in the direction of the answer. No movement implies that the question needs to be rephrased or you lost your focus. If the pendulum movement becomes erratic, take a break.

Calibrate your chakra pendulum. Calibrating your chakra pendulum shouldn't take more than a few seconds. The amount of time it takes for you to ask your pendulum two questions is all you need for this one. First, holding the pendulum in front of you, ask the pendulum a question you know the "Yes" answer to. "Is my name..." is a great one.

Wait for the pendulum to respond. It will move in a certain direction. That is the pendulum showing you what the answer "Yes" looks like. Now, ask the pendulum a "No" question. Again, note the response. You've just calibrated your chakra pendulum.

divination tools that can help give you yes or no answers to life's questions.

Remember to ask questions with yes or no answers only.