

MASSAGE APPOINTMENT CLIENT FORM

Date: _____

Last Name: _____ First Name: _____

Phone: _____

Email if you want discount alerts: _____

Address, City and Zip: _____

Occupation: _____ Activities (work and others): _____

Returning Client (Y/N): _____ Reason for massage: _____

How often do you get a massage? _____

Have you ever had any injuries (broken bones, torn ligaments, surgeries)? _____ When? _____

Do you have any medical issues (pregnancy, diseases, skin disorders, infections, blood pressure, heart conditions, breathing, blood clots, arthritis, diabetes, cancer, etc.? Please explain _____

Do you have any allergies or sensitivities to oils, lotions or scents? _____

What are the appropriate areas of concern? (Please mark a H for High, M for Medium or L for Low)

Headache _____ Upper Back _____ Knee _____ Leg/Thigh _____
Neck/Shoulder _____ Lower Back _____ Foot/Ankle _____ Other _____

I understand that the massage I receive is to provide for the basic purpose of relaxation, stress reduction and relief of muscular tension. If I experience any pain or discomfort during this session, I will immediately inform the practitioner so that the pressure and/or strokes may be adjusted to my level of comfort.

I further understand that massage should not be construed as the substitute for medical examination, diagnosis, or treatment and that I should see a physician, chiropractor or other qualified medical specialist for any mental or physical ailment I am aware of. I understand that massage therapists are not to perform spinal or skeletal adjustments, diagnose, prescribe, or treat any physical or mental illness, and that nothing said in the course of the session(s) given should be construed as such.

I affirm that I have stated all my known medical conditions, and I understand that there shall be no liability on the practitioner's part should I forget to do so.

It is understood that any illicit or sexually suggestive remarks or advances made by me will result in termination of the session.

I understand that a 1 hour massage time includes dressing and undressing. The actual hands on time can be anywhere from 50 to 55 minutes.

Signed: _____ Date: _____

Additional Recipients Signature: _____